



1st June 2020

Welcome

We hope this newsletter find you well and you've managed to have a relaxing, enjoyable half term break. In our newsletter this week, we continue to share recommended music activities for pupils to engage with in school or at home. Please share and keep music alive in these difficult times.

Do get in touch, if you find these suggestions useful or you have some ideas of what you would like to see in future newsletters.

For all previous newsletters, to view our YouTube clips and see our brochure, please visit our [website](#).

Thank you to all the schools who have responded to our requests for Autumn term.. If you are still deciding on next year's provision, please view our [brochure](#), detailing what we can offer.

Why not take this opportunity to discuss your school music education plan?

Email: music.arts@sips.co.uk

Telephone: 0121 296 2997

Body Percussion at Home and School

Why not try creating some body percussion sounds?



How you can use your body to make music:

- ◇ Clap your hands
- ◇ Click your fingers
- ◇ Stamp your feet
- ◇ Slap your thighs
- ◇ Tap your cheeks
- ◇ Say 'ahhhh', 'ooooh', 'laaaaa'

Count to a slow four - 1, 2, 3, 4 - to set a pulse. Then replace these four counts with four sounds from above. For example, clap four times, click four times or stamp four times

Now can you mix up the sounds - clapping and clicking, or clapping and stamping

Can you make it longer?

Can you go to 8 counts?

How many different sounds can you make in 8 counts?

[Practice with Ollie](#) - expert body percussionist!

Can you teach someone in your class or family? Or make your own?

Arts Council England – Creative Recommendations



Free Hip-Hop Classes

Kids full of energy? Running out of things for them to do? Well, this might be just what you need!

[The Unified Wolves](#) are offering free online hip-hop dance classes every Wednesday at midday through Instagram Live. It's a great way to help them to stay hip-hop-healthy!



Guided Meditation (ages 3 - 7)

Boo to a Goose Theatre has produced '[The Magic Garden](#),' a guided meditation for children, designed to help relieve anxiety and encourage a restful sleep.



#RoundYourHouse (ages 11 - 25)

The Roundhouse's doors might be temporarily shut, but that hasn't stopped them offering a brilliant [digital programme](#) to support people with creativity.

It includes digital discussions for people in the sector and a home studio for young people to create music and audio at home.

Big Top Music



We are delighted to share [Big Top Music's YouTube Channel](#) with free, interactive lessons for children and young people with additional needs.

Singing

Out of The Ark: Out the Ark continues to bring us fantastic resources. This week's feature songs on wellbeing and recycling. 

Song of the Week from **Sing Up** – [Shake My Sillies Out](#)



Ex Cathedra is delighted to share with you a few of their favourite SingMaker songs via the [SingMaker YouTube](#) platform.

Each Monday, this summer term, a new song - presented by Ex Cathedra's SingMaker team as an interactive film - will be released. These are aimed at up to 11 year olds and free to access. There will be brief notes associated with each song to maximise learning and enjoyment of participation.

Follow Ex Cathedra on [Facebook](#).

Young Voices

[Power in Me](#) – ‘to say thank you to all our teachers’



Join with the Young Voices International Choir for free. Sign up for the resources and be part of the largest children’s choir at home!

Details are as follows:

- Tuesday 2nd June 2020 at 2.30pm (local time wherever you are)
- Be part of the World’s Largest Children’s Choir at home, and say thank you to our unsung heroes: Teachers **#ThankYouTeachers**
- Young Voices, the largest children’s choir in the world, and the Guinness World Record holders for the world’s largest simultaneous sing, invite you to join together with children, teachers and parents all over the world to sing *The Power in Me*
- Whether it is singing from your balcony or simply out of your back door – you are invited to sing along to a special online broadcast of *The Power in Me* on 2nd June
- Before the big day – take part in the **#PowerinMe** Singing Challenge, and film yourself singing the song’s lyrics “I’ve got the Power In Me.” Post it online with the hashtag to see who responds completing the song’s chorus “You’ve got the Power in You!” (Please make sure that this is with the permission of the parent/ legal guardian)

#PowerinMe #ThankyouTeachers #YVatHome

- It’s all free!

English Touring Opera

English Touring Opera have sent us links for free online video tutorials for:

- [Children with additional needs](#)
- [Sing lessons for children from an opera singer](#)
- [Singing lessons for adults from an opera singer](#)

Music Technology Recommendation

Thanks to our friends at Leicester Music service for the [music technology link](#) for KS1 – 4.

Creative Listening

[BBC Ten Pieces](#) has weekly activities for primary schools, home educators and parents to share with their students. Each includes a Ten Pieces film to watch and enjoy and a linked creative activity that can be completed by children at home without any special materials or preparation. A perfect, simple and easy way to keep listening, enjoying and creating music at this time.

Instrumental & Music Making

Below are some video tutorials to share with your young musicians, featuring SIPS's Music Tutors.

For Instrumental Students

If any of your pupils/students play an instrument, there are tutorials being uploaded each day with suggestions for home practice, backing tracks and activities on our [YouTube](#) channel. For example:

- Mrs. Cochrane has a selection of [bowing games](#) for cellists
- Interested in the saxophone? Here's Miss Lloyd with [some information](#)
- Does your violin or viola need tuning? Mrs. Young is here to help in [this tutorial](#)

Musical Futures TV

What is Musical Futures TV?

[Musical Futures TV](#) is an online festival of learning for music teachers curated by teachers for teachers and in collaboration with Ableton and Education & Bass

The festival consists of:

Musical Futures TV Live Sessions – three live streamed presentations at 11am each morning with opportunities for live Q&A:

- **Using Ableton Live**
- **What Your Students Are Listening To? Your A-Z guide to Today's Music Genres**
- **Engaging Students Through an Inspiring Curriculum**
- **Musical Futures TV Insights** – four short presentations each day on Wednesday 3rd, Thursday 4th and Friday 5th June, available from 8am on our [#MuFuTV YouTube Channel](#). #MuFuTV Insights cover a wide range of topics of interest for **teachers of all age ranges** and are presented by some of our [Musical Futures Champion teachers](#).

Get in touch with us via our social media channels using the hashtag #mufutv

[@musicalfutures](#)

[@mufuturesuk](#)

Musical Futures TV provides teachers with practical learning, resources and shared experiences to highlight best practice and address key issues facing music educators and young people.

Music CPD for Your Staff

We are offering the following courses for your school. Each course is 2 hours long and presented via Zoom. Fee: £160 (exc. VAT) per candidate.

For more information on course content, and enrolment please contact tanya.derham@sips.co.uk

- ◇ **Becoming a Singing School** – Monday 8th June @ 1.00pm
- ◇ **Practical Ideas on Classroom Music Making for The Non-Music Specialist** – Thursday 4th June @ 10.00am
- ◇ **Redesigning Your Music Curriculum Offer In Line with The New Ofsted Framework** – Thursday 11th June @10.00am
- ◇ **Music and Wellbeing in Your School** – Tuesday 16th June @ 1.00pm
- ◇ **Whole School Listening Programme** – Monday 18th May @ 1.00pm



Keeping In Touch

Continue to look out for this weekly newsletter, which is also available through our website. We'd also love to get your feedback on its content, and hope to tailor it to your needs, as the weeks progress.

Email: music.arts@sips.co.uk

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