

Ten Pieces Musical Menu

WARM UP

(1 min 10s film)
Fire up your mind and body and get ready for the day with Lucy Drever and BBC Scottish Symphony Orchestra trumpeter Mark, as they warm up with you from home.



LEARN

(2 min film)
Learn about rhythm and pulse with BBC Bitesize featuring an animated Anna Meredith.



LISTEN

(3 min 20s performance film + worksheet)
Listen to *Connect It* by Anna Meredith; a piece that uses rhythm, voices and body percussion and complete our linked **worksheet**.



This weeks musical menu looks at **Rhythm**

For: KS2 England and Wales, P4-6 Scotland and KS1-2 Northern Ireland
Links to: Music, Art, Dance, PE and supports Scottish Curriculum for Excellence
Themes: Rhythm, pulse, body percussion and how different sounds can be made

Send us your creations using the [Ten Pieces uploader - Ten Pieces - Send - BBC](#) for a chance to be featured in our online showcase!

Welcome

SIPS Music and Arts would like to share some musical activities and links for you to share with parents and your teaching staff during Lockdown 3!

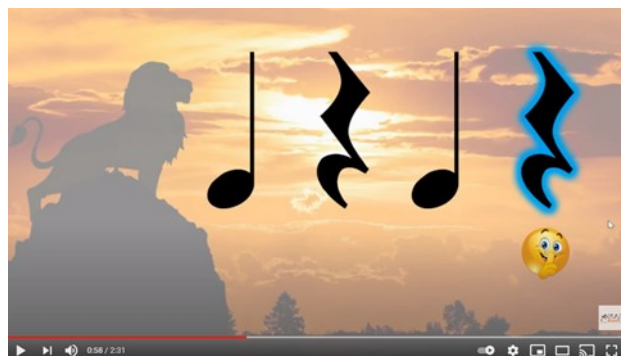
For more info ;

Please visit:
www.sandwellmusic.org.uk
to view more exciting resources from SIPS Music & Arts Service

Reading Notation

Follow simple notation to an African beat. Use claves or clapping (KS2)

[Lectura rítmica NEGRA y SILENCIO en ÁFRICA\(- YouTube\)](#)



Body Percussion Aged 5—9 Year Olds

[500 miles - Body Percussion - YouTube](#)



Courtesy of Miss McGlynn's Music Room

Music CPD

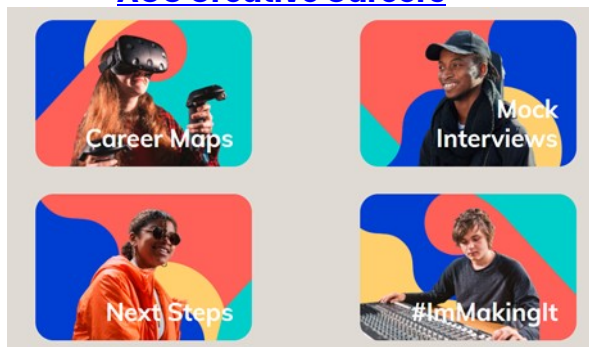
If you would like to take this opportunity to develop your music skills in the classroom. Sign up for these zoom sessions with Music Education Solutions .

A poster for 'Sandwell Primary Music Webinars'. The title is in a bold, purple font. To the right is the 'Music Education SOLUTIONS' logo. Below the title, it says 'IN PARTNERSHIP WITH SIPS MUSIC & ARTS SERVICE'. The poster lists four sessions, each with a date, time, and topic: Tuesday 19th January (3.45pm - Teaching Performing), Tuesday 26th January (3.45pm - Teaching Composing & Improvising), Tuesday 2nd February (3.45pm - Teaching Listening & Appraising), and Tuesday 9th February (3.45pm - Teaching Notation & History of Music). At the bottom, there is an illustration of a laptop displaying a Zoom meeting grid with several participants. Below the laptop, it states: '45 minute webinars delivered via Zoom in small class sizes to promote discussion & interactivity. £10 per session. Email to book: liz@musiceducationsolutions.co.uk'.

Creative Careers KS3-5

Check out this link to inspire careers in the Arts

[ACC Creative Careers](#)



Greatest Showman Body Percussion

Follow along with this excellent clip that will get you and your pupils clapping, tapping, stamping and clicking to the Greatest Show from the much loved musical 'The Greatest Showman'! Fantastic for encouraging children to be able to keep a beat. Then why not set the task to work out their own combinations of body percussion to go with the song. They can be as creative as they like and hopefully experiment with their own body percussion sounds!

[The Greatest Show Body Percussion - YouTube](#)

How To Write A GREAT Melody!



[How to write a GREAT melody - YouTube](#)

Join the award winning composer Guy Michelmore, as he takes you through his process for writing great music. He gives you lots of tips and tricks and then leaves you with a 60 minute challenge, to write your own tune. Give it a go and you could even send your melody into us so we can hear how you got on!

Clapping Fun!



For Key Stages 1 & 2

Learn how to clap along to different genres of music, from Rock to Modern Latin! This is a fun musical activity and it will make you want to get up and dance.

[Clap Clap | Rhythm Lesson no.3 | Fun-Keys4Kids | London | Learn Music Theory Online | Piano | Guitar - YouTube](#)

You Clap You Lose

For High School and above:

TwoSet Violin are an Australian comedy duo, who both play the violin and are now extremely well known for their YouTube channel. This particular video is highlighting a tradition in concerts that you may not have known about. In Symphonies and Concertos, they usually have 4 movements. Some of these movements can sound like the end of the piece, when in fact it is only the end of movement 1 or 3! So you are not meant to clap until the very end of the 4th movement. Let's see if they can catch you out and as you will see many audiences have been caught out too.

[YOU CLAP YOU LOSE - YouTube](#)



Children's Mental Health Week is taking place on 1–7th February. This year's theme is

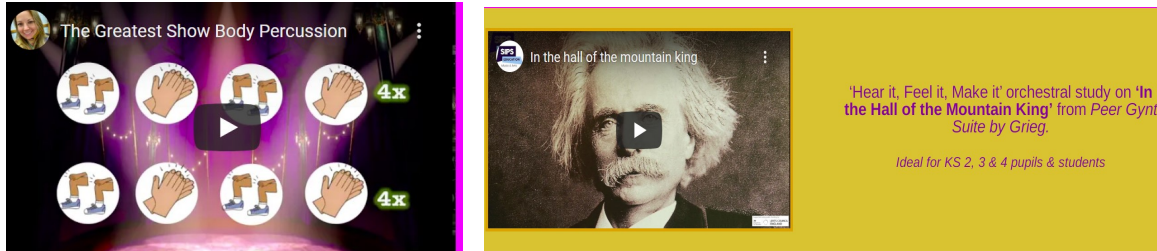
Express Yourself

Check out these free resources

[Children's Mental Health Week 2021](#)

More resources of SIPS Music Teachers

Check out the example page [\(SIPS Board\)Music resources Spring 2021 | Sandwell Music Education Hub](#)



If you would like access to our schools remote learning page containing

- YOUTUBE clips from SIPS staff for interactive activities and stories.
- To book a live interview with one of our musicians
- A live session delivered via TEAMS

Keeping in Touch

We'd also love to get your feedback on its content, and hope to tailor it to your needs as the weeks progress.



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www.sandwellmusic.org



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Keep making music and taking care.
Music & Arts Service Team.